

Programme

START TIME (Tentative)	Event	Location
0730 Hrs	Registration	Activity Mall
0900 Hrs	3.6 km Girls Under 14	Jogging Track
0910 Hrs	3.6km Girls Under 17	Jogging Track
0920 Hrs	3.6km Women Open	Jogging Track
0930 Hrs	3.6km Boys Under 14	Jogging Track
0940 hrs	4.3km Boys Under 17	Jogging Track
0950 hrs	4.3km Men Open	Jogging Track
1100 hrs	Results and Prize Giving	Activity Mall
1130 hrs	End and clean up	Activity Mall